

SAN MIGUEL BASIN

4-H NEWS

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COLORADO STATE UNIVERSITY
EXTENSION

Colorado 4-H Scholarship Window is Open!

What ▶ An annually awarded scholarship with \$49,500 available in funding this year!

Who Should Apply? ▶ Outstanding youth who have actively engaged in Colorado 4-H Clubs for at least 3 years .

When? ▶ The scholarship process is open from November 1, 2023, through March 1, 2024. Scholarship recipients will be announced in May 2024.

More Info: ▶ For more information on the scholarship process and scholarships available visit <https://co4h.colostate.edu/about-us/scholarships/>.

Specific Questions: ▶ If you have scholarship questions, please contact OEE_Giving@colostate.edu.



Reminder

All previous members
+ leaders must
re-enroll in
4-H Online for the
2023/2024 year!



Ignite by 4-H Teen Summit

March 13-17, 2024 -
Washington, D.C.

Event website:

<https://4-h.org/events/ignite-by-4-h/>

Learn how to create and execute action plans. Identify needs in your community and learn skills to execute solutions.

To prepare for Lead to Change at Ignite by 4-H teens are encouraged to identify the following prior to the event:

1. Needs of the Community (What does your community or county need?)
2. Target Audience (number of people impacted)
3. Scalability (Can this be scaled? Do other counties have this need?)
4. Who is on your team? (Can it be someone at the event or does it have to be someone in your local community)?

Learn More Webinar: Oct. 17th, 10a
Contact Annika for registration link

NEW LEADER ALERT!

Please welcome our new
Shooting Sports Leader
Jarred Garcia.



Garcia has worked with Montrose County's Shooting Sports Program and is excited to dig in to San Miguel County's programming! Stay tuned for more details.

For now, feel free to reach out and welcome him/ask questions:
garciaj818@gmail.com



*Please continue to hold 4-Her Haylee Smith +
Her Family in Your Hearts + Minds*

The Colorado Building Farmers + Ranchers Program

When: Tuesdays evenings, 6pm-8:30pm
from January 23-March 12, 2024

Where: Online, via Zoom

Who: Agricultural producers with less than 10 years of farming experience

Cost: \$225 per participant, and \$125 for each additional participant from the same farm business

Course facilitators and instructors will guide new and beginning farmers (those with 0 to 10 years of experience) through a series of eight online evening classes designed to explore agriculture as a business, including the principles of business management, developing a marketing plan, managing risk, obtaining financing, and more. The program also provides more experienced farmers and ranchers with tools and ideas to refine and enhance their business management and marketing skills. Participants are supported with group and individual exercises and coaching, which result in participants creating a business plan and presenting it to a group of peers.

Learn more and register here:
https://colorado_building_farmers_and_ranchers_2024.entbrite.com

2024 Int'l Livestock Forum

January 7-9 2024

Advancing knowledge and innovation on topics impacting the global livestock and meat industries.

The Int'l Livestock Forum is looking to award 10-15 Travel Fellowships to FFA + 4-H Members which would include:

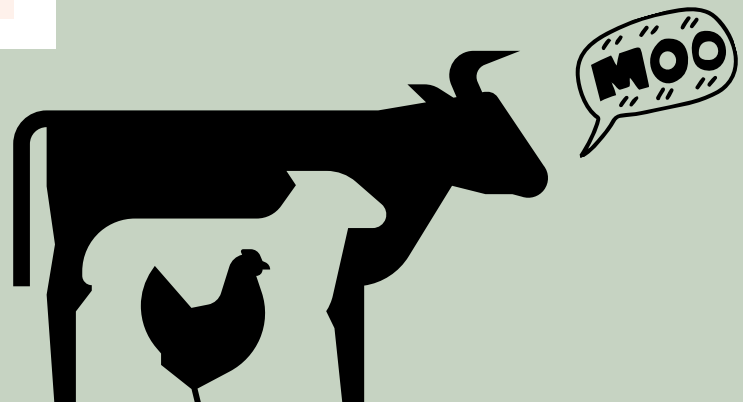
- Complimentary Registration
- Lodging for 2 nights (January 7th +8th)
- All meals

Fellowship Information:

Email: cas_ilf@colostate.edu

Save the Date

**2024 State Conference Dates:
June 18-21**



Colorado 4-H Horse Judge's Certification

November 14th + 16th ~ 5:30p - 8:30p
(Virtual)

Registration Deadline: November 13th, 2023

Fees: \$50 (includes certification, rule book and manual)

or

\$30 audit (includes rule book and manual)

Training will include: Introductions, Overview, Expectations, 4-H Classes, Rules, Standards, Specifications, Class Judging

To Register / Inquire:
Jonathan.Vrabec@colostate.edu

4 Ingredient Chocolate + Blueberry Banana Muffins

- 9 bananas
- 1 ½ cups nut butter, of choice
- ½ cup cocoa powder
- 1 ½ cups blueberries



Preheat oven to 350°F (180°C). In a bowl, mash the bananas with a fork. Add nut butter and mix until combined. Divide the batter into two bowls. Add cocoa powder to one bowl of batter and mix well. Add the blueberries to the other bowl of batter and mix well. Add the batter to a muffin tin. Bake for 18-20 minutes. Let muffins cool. Enjoy!