

Varieties of veggies that have *done well in our trials* in Norwood/Telluride.

Keep in mind that all cool season (CS) crops do well with our cooler summer temperatures. Warm season (WS) crops need some protection- grow against a warm wall, cover with fabric or grow in a greenhouse.

Most of the varieties we have grown are open-pollinated. That means if grown proper isolation and population size, the saved seeds will come true. If it is a hybrid, it is noted. (Saved seeds of hybrids will not produce plants that produce true type).

Lettuces. CS. Almost any but 'Tom Thumb', 'Speckled Trout', 'Skyphos' stand out for flavor and easiness to grow as heads.

Carrots. CS. Almost any will do well, except beware of short day red and purple carrots bred for hot climates. 'Atomic Red' are high in lycopene; 'red core chantenay' and 'scarlet Nantes' are OP varieties and do well in tougher soil. 'Scarlet keeper' does well in our area. I like to grow 'black nebula', which is dark purple all the way through.

Beets. CS. 'Shiraz Tall Top' has outperformed all other beets for us. But almost any beet should do well.

Bush snap beans. WS. The top producers for us have been 'Contender' and 'Strike', 'Tanya's pink pod' and 'Provider'. They do best grown under cover and can be succession sewn in a greenhouse. Bush beans mature quicker and give a larger harvest all at once. Pole beans produce later and the harvest is spread over the season.

Broccoli. CS. The best for us was 'Nutri-bud'. It formed great heads but the side shoots that followed were the best! It's extra high in glutamine. A hybrid called "Belstar" produces extra large side shoots.

Spinach. CS. "Giant Winter", 'Bloomsdale' and 'Tyee'

Kale. CS. Any does well. It never overwinters as good as they way unless it's almost mature when it goes into winter. I like the Red Russian varieties best because they make the best chips and massaged kale salad.

Tomatoes. WS. 'Coyote', 'Cougar Red', 'Sasha's Altai', 'Rocket', 'Black Krim'. Try any short season- cool tolerant varieties or greenhouse variety. Tomatoes do best in greenhouses or warm microclimate. Also keep in mind that the don't set fruit well at temperatures below 50 or above 90 F.

Winter squash. WS. 'Golden Nugget Bush', 'Fairy'

Summer squash. WS. My favorite even though it's a hybrid is 'Magda'. 'Papaya' is a lemon shaped yellow. It makes a small bush and does well with or without covers and in containers.

Eggplant. WS. Grow under cover - best yield in High Tunnel Greenhouse. 'Apple Green' is moist, not bitter and a good medium size.

Potatoes. CS. 'Purple Majesty', 'Mountain Rose', 'Rio Grande Russet', 'Carribe', 'Red jelly bean', 'Masquerade' and more!

Peas. CS. Any pea should do well. Beware that seed sources of sugar snap peas have been 'corrupted' from the original and may not be sweet and stringless. I believe Johnny's Seed had revived the variety.

Cow peas (black eyes pea types) are warm season.

Corn. WS. 'Festivity', 'Hookers' are both non- GMO, non-sugar enhanced, short-season sweet corn. 'Painted Mountain' and 'Dakota White' are good short season flour corns.

Corn salads, mache, lambs lettuce. CS. are different names for the same plant. Grow well though winter with or without cover. Don't seem to stop growing with short days like spinach does.

Chard. WS. 'Lucullus' is my favorite—it's a green with cream midribs. "Perpetual spinach" is an easy green chard. It is a little slower to bolt than spinach.

Garlic. CS. Any hard neck does better than soft neck—plant in the fall.

* Some of these varieities can be found in our San Miguel Basin Regional Seed Library